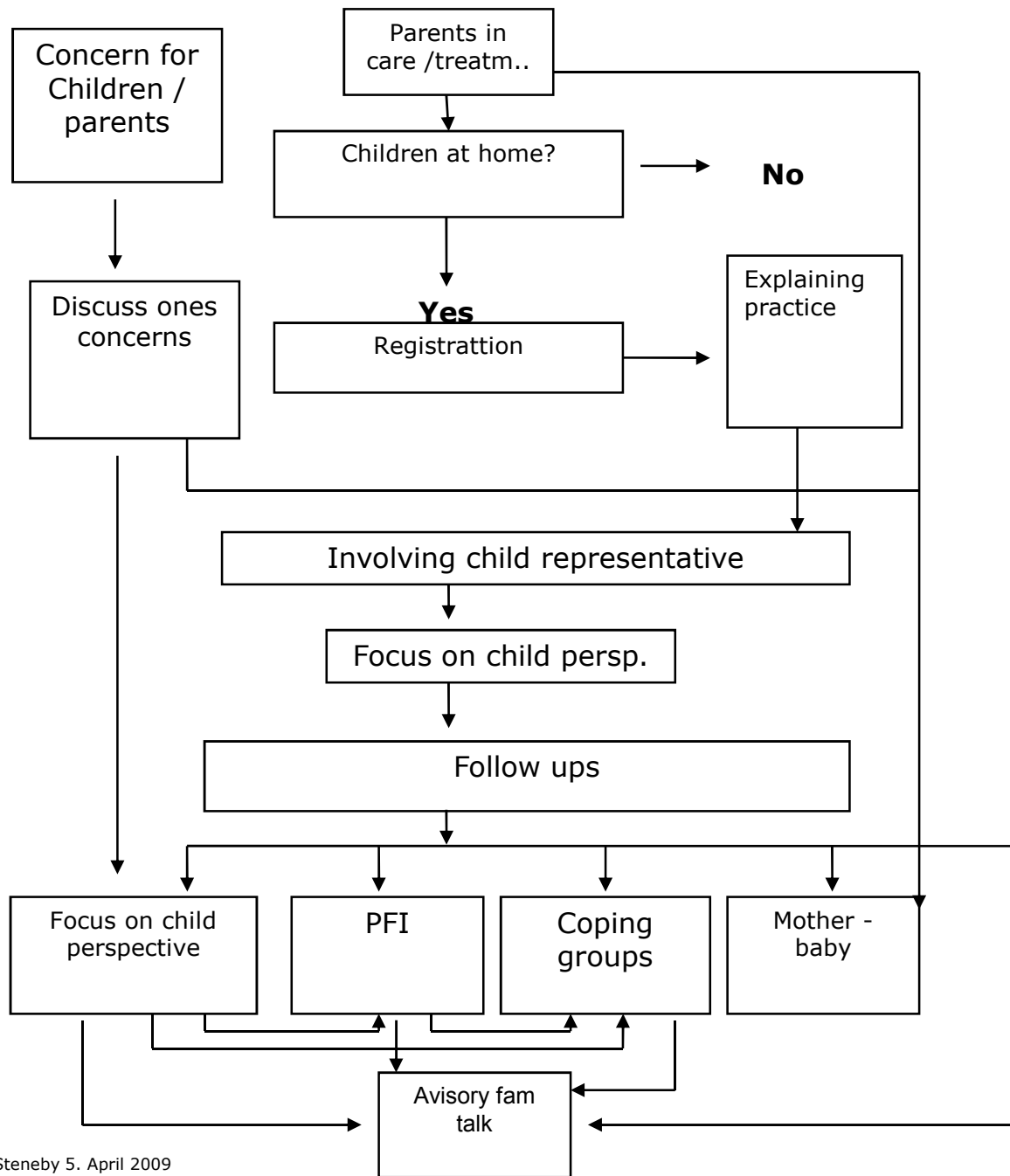


# Relating interventions into good practice as child centeredness

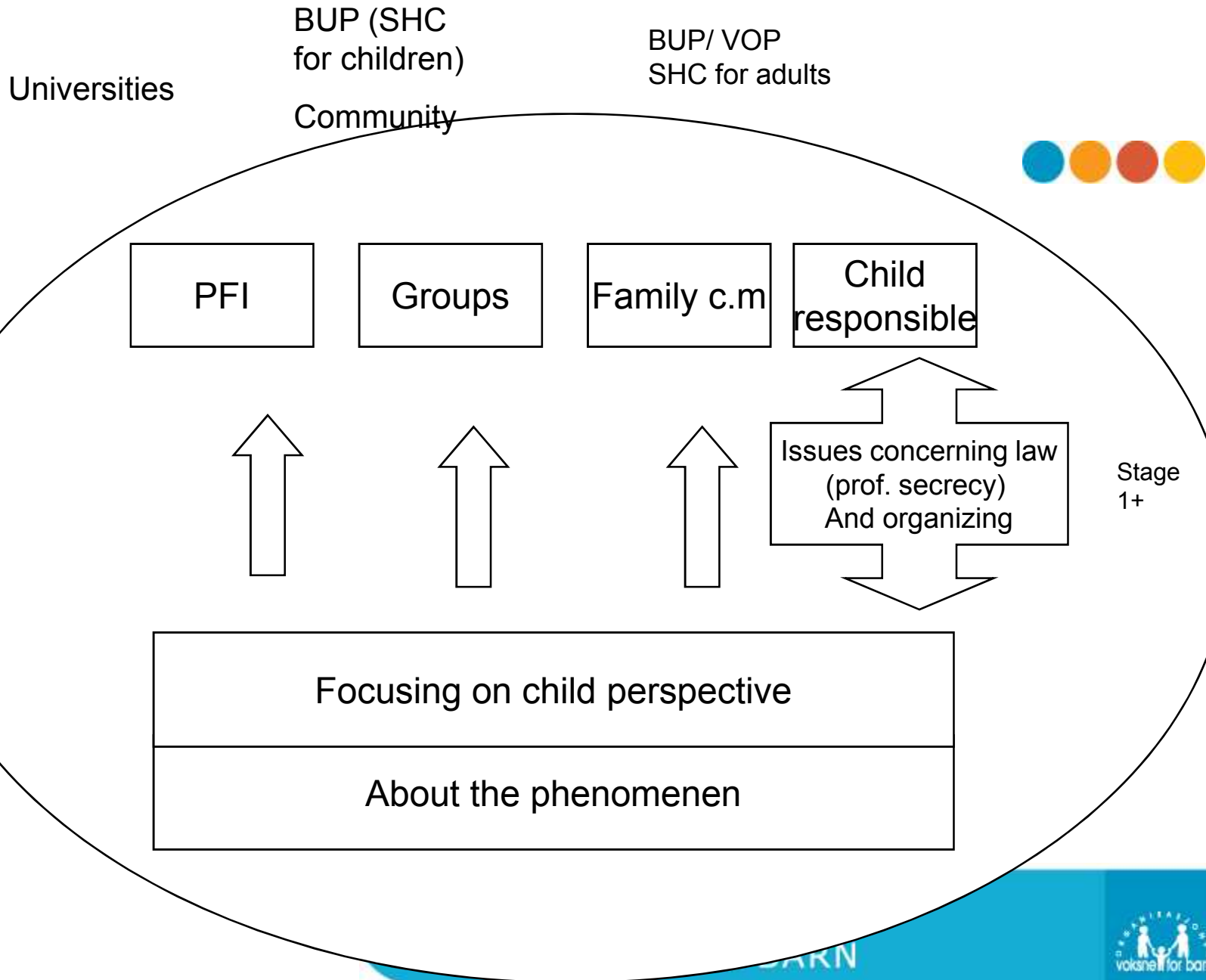


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# Interventions, training and target groups



# Focusing on childrens perspective ( Child centeredness)



- Three Talks
- *First Talk: With the parents alone.* This is a introduction and also a preparation for the next talk.
- *Second talk:* Depending on wishes and needs (parents, children or proffesional); with the children alone, siblings together or parents and children together
- *Third talk:* Feedback and recomondations



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- What are we focusing on in the talks?



- Talking to the parents about their children

- Strengths and weakness
    - Consequences for the children
    - Their concerns
    - What do they want their children to know
    - Do they want to talk to their children themselves



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# In talks with children

- What do the children think about the situation
- To listen to the children and their own story
  - Relating to the parental concern, other children in similar situations....etc
- Give information in accord with the parents
  - The disease or problem, treatment etc
- Prepare feedback for the parents



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# Feedback



- Recommendations and further interventions:
  - PFI
  - Advisory familytalk
  - Childrens groups ( coping – groups)



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# Innhold og oppbygging



- Childrens groups
  - stucture
    - 10 meetings ( 2 meetings with the parents)
    - + reunion
    - Homework
    - Content - frames
      - Last week
      - homework
      - This weeks theme



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# Målgruppe

- When do we recommend childrens groups?
  - Little support from other children and adults
  - Difficulties in expressing feelings, ask for help or support Utilstrekkelig evne til å sette grenser
  - Difficulties in handling negative reactions from others
  - The feeling of guilt, shamefulness or excessive sense of responsibility
  - Bad self esteem



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# Goals

- Promote quality of life, promote resiliency and good self esteem
  - The decrease of burdens, increased understanding
  - Strengthen parental support and understanding



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# Targets



1. Breaking the isolation
2. Stimulate a realistic esteem on themselves and their parents
3. Increased competence and knowledge
4. Stimulate a better child / parent relation



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# Themes



1

- To get to know each other
- *Goal: To create a good atmosphere*



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# theme



2

- To acknowledge feelings
- *Goal:*
- *To relate and acknowledge feelings to difficulties at home*



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# theme



3

- To express feelings
- *Goal: To learn how to express feelings*
- *To enlight the relation between what happens and what you feel*
- *To prepare the possibility of talking about the feelings of guilt and anger*



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# theme



4

- Disease and consequences
- *Goal*
- *To teach the children how to cope with parental illness.*
- *To learn about the illness*



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# theme



5

- Social network
- *Goal:*
- *Persons the children can use in their network*
- *How to use them*
- *How to ask for support*
- *To give oneself space*



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# theme



6

- Social skills
- *Goal:*
- *Strengthen skills necessary for coping with environmental reactions*



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# theme



7

- Social skills
- *Goal:*
- *To train social skills*
- *Preparing for goodbye*



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# theme



8

- Taking goodbye
- *Goal:*
- *Evaluating*
- *Repeat the different themes*
- *Goodbye*



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# theme



- Reunion
- *Goal:*
- *What have happend since last meeting*
- *Repetition*
- *Goodbye*



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# Parent meetings



1

- Before starting the group
- *Goal:*
- *The importance of the group for children for meeting other children with a similar situation*
- *To encourage talk about upbringing and the shortcomings*
- *Information about the group*



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# parent

2



- To weeks after meeting 8
- *Goal:*
- *To encourage enthusiasm and engagement for the children*
- *To give insight concerning what they can do for their children Å gi innsikt i betydningen av at foreldre søker hjelp*
- *To inform about the importance of letting their children talk to others about their situation*



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# Advisory family talk

## A method for ...



- Making decisions - a model for making decisions
  - The family are given the opportunity to find solutions concerning their own family and are responsible for carry through what comes out if the process
- Gathering the whole family and make decisions
- Having focus on the child when making decisions concerning the child
- Coordinating the family network – both private and professional
- To focus on their own ability to make solutions and their own resources
- Strengthen communication and cooperation within the family, family and network and help / support system



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- Professionals are only participating to give the family necessary information.
- The process aims at a strategy and a plan for the well-being of the children.
- To carry through the process with the family, an independent coordinator is engaged.



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