

How we promote the child's participation

- Positive leadership (good and comfortable atmosphere, structure that are tailored to the child's level of development)
- Information through dialogue with parents and the child
- Give communicative support to the child in the conversation
- Awareness of the child's pattern of communication and understanding of words and phrases

Meetings of the child in an accepting language

Are curious about the child's world and understanding

Alternate between lightness and severity of the topics in the conversation

Externalising the problem

- Naming the problem helps the children to talk about their parents and their problems without getting into a loyalty conflict
- The name can be:
It, The Problem, The Depression og The Mentally illness
- It can also be:
The Bottle ghost, The Sad thoughts, The crazy mind

You can draw it

It can be placed in a time

It can be described on a scale of 1 to 10

Create a reflexive distance with the child using visual material - a shared third

Balls of feelings

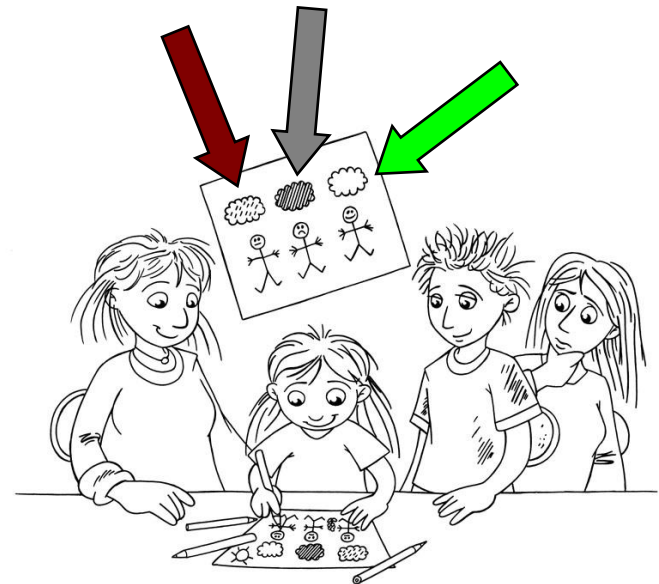


www.sinnetbunde.dk

Smileys:



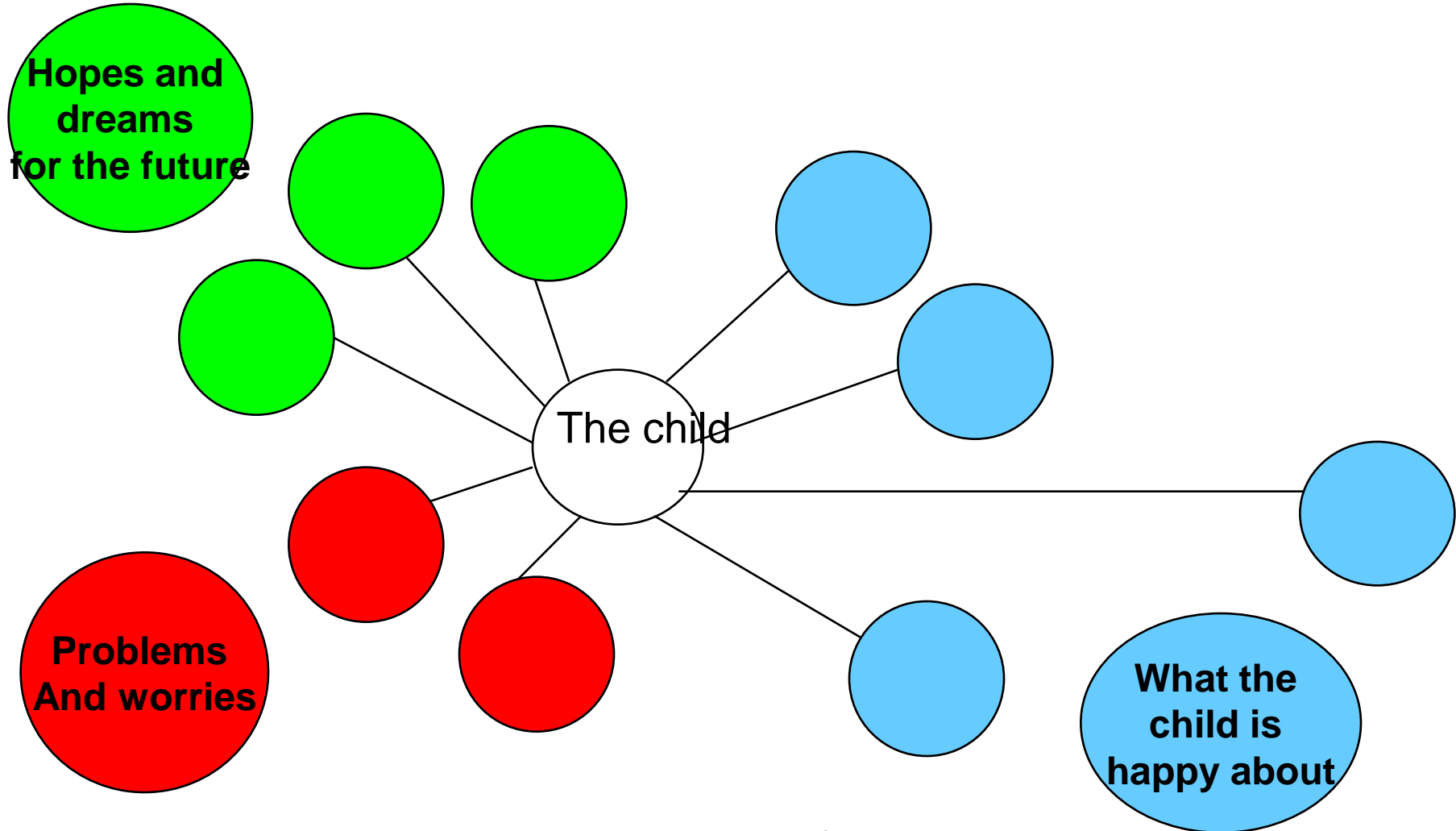
Drawing thoughts and feelings



Metaphors



Children's mind map



Focus on the children's coping

- Problems are never 100% successful
- Fokus on children's response i difficult situations
- Ask about the child's intention with the response
- Ask for the parents or other important persons appreciation and confirmation of the child's intention
- Respect the childrens limits for involvement in the parents problems