

Nordic Forum 2009: Quality evaluation of parent's and children's perspectives of the "Family Bridge" intervention: Questionnaire developments

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Clinical Vignette 1

- A family where the mother has been depressed for years. Has had more depressed days than “normal” days for the last 16 years. Thinks constantly about the possibility of committing a suicide. Unemployed and always trying to work her way out of depression. A supporting husband but tired to be the responsible one all the time. Moved to Iceland two years ago after living abroad for few years. A very likeable couple.

Cont. Clinical Vignette 1

- The children are two. A 16 year old boy with a history of drug abuse. Is not integrating into the Icelandic school system. Is isolated at home because does not like anybody. A 11 year old girl. The perfect child, has friends, plays handball and enjoys school.

Cont. Clinical Vignette 1

- Family was referred to the “Family Bridge” and they have finished the intervention except for the follow up meeting which is in the fall
- The meetings went very well according to the protocols of the intervention
- ...what was missing was getting feedback from the family, i.e., a **Quality Evaluation** on the clinicians, on the meetings and what messages they took with them into the future

Clinical Vignette 2

- Family where the father is manic-depressive. Has not had a manic episode for 13 years – but was hospitalized to the adult psychiatry. The mother has just recovered from a major operation because of brain tumor. The couple has recently moved to Iceland after eight years of living abroad working and studying. The mother is unemployed at the moment. The couple has decided to divorce just few months ago.

Cont. Clinical Vignette 2

- The children are two a girl 13 years old and a boy of 3 years old. The girl is doing well in school, has friends and is enjoying activities outside of home, i.e., hobbies. The boy is attending a day care center and is developing normally according to age.
- This family wants to receive the “Family Bridge” and will be on the waiting list when the father is out of his acute phase.
- Hopefully a Quality Evaluation will be ready at the end of their intervention

The Beardslee Family Intervention Model

“The Family Bridge” 1

- Is now an integrated part of the outpatient services at adult psychiatry
- Referrals are made on a regular basis (a little bit the same professionals who refer)
- There is a waiting list for intervention
- More professionals at the adult outpatient services need to learn the intervention (starting the second group next fall)

The Beardslee Family Intervention Model

“The Family Bridge” 2

- Demand for EBP but what we need also is value based services – I think FBI has both
- What professionals like about the FBI is the manual with sound theory and description of the intervention – but it is important to emphasize how easy it is to get off track working with the family and how important it is that the clinicians constantly are aware of it

Questionnaire Development

- We have taken Tytti's Adult form (F1) and Child form (F1) and made an evaluation that we think catches the theory and the practice of the FBI as we have implemented it in Iceland (really according to Beardslee's manual)
- The evaluation took us some time to make and finish in Icelandic

- We have not collected data yet because we are still testing the face and content validity of the evaluation
- We want to use this Nordic Forum to get an even better face and content validity by asking you to help us in this workshop 😊

Workshop Activity 1

- I want you to sit in a group of 3. Each group has one plastic map and 3 pens
 - Clinician
 - Parent
 - Child

Workshop Activity 2

- The Clinician
 - Reads the procedure of conducting the evaluation and gives feedback on it. Anything that will be helpful in doing the evaluation
- The Child
 - Answers the child's questionnaire and gives feedback on the questionnaire
- The Parent
 - Answers the parent's questionnaire and gives feedback on the questionnaire

Workshop Activity 3

- Discussion on these quality evaluation questionnaires
 - Not effectiveness research
 - The aim is to keep up the standard of the FBI
 - Questions missing?
 - Questions that can be omitted?
 - Does the evaluation catch the aim of the intervention for the child and the parents?

Thank you for your help

- Return the maps to Eydís
- If you want copy of the questionnaires and procedure. Please send Eydís an e-mail: eydissve@lsh.is and she will send it to you immediately

Happy hour has started....