

Dialogue seminars

Focus on children to mentally ill parents

Background

- The Swedish government wants to **speed up** the development of supporting children to mentally ill parents
- **It goes too slow!**
- An **intervention** of the psychiatric compulsory institutional care in Sweden (2009) shows that just a **few patients got family interventions**

Background

The results of a questionnaire to all adult psychiatric clinics shows that (2006)

- 50 % answered it was a lack of routines to pay attention to children
- 90% answered it was a lack of support of the children

The National level

- **Beardslee's family intervention**

The government has funded a nation wide implementation to professionals within adult psychiatric clinics and the public health service with 5 millions Swedish crowns

- **Legislation**

The government has initiated a change in legislation for professionals working in health care to increase the right of the child

A duty to all professionals to support children to mentally ill parents, parents with drugproblems, parents with severe somatic diseases and when a parent suddenly dies

Presentation of the project

The National Board of Health and Welfare and The Swedish Children's Foundation carries this project
Started 2008 and ends 2010

Main Purpose

Prevent difficulties for the children

- Create opportunities for a national network for professionals meeting these children

Purpose

Develop strategies for and knowledge about how public services can be better of

- Paying attention to and supporting children
- Co-operating
- Follow up the effects for the children

Create a national network for professionals

Composition of the project

- A working group with professionals from different fields and regions in Sweden
- Develop a website for professionals
- Dialogue seminars in 4 different regions

Dialogue seminars

- 4 dialogue seminars
- Organized in co-operation with the region
- Professionals from adult psychiatric clinics, public health care and social services are invited
- Mix of practitioners, leaders, politicians
- Program for each seminar worked out in co-operation with the region

Program

- Information about national decisions
- Lectures
- Active process working in interdisciplinary groups

Main subjects for process working

- The state of today ?
- What do we want?
- How to follow up?

Voices from participants

- Positive to interdisciplinary groups
- Co-operation create new solutions
- Important that leaders are representative –legitimacy
- Focus on children
- Training in methods – interdisciplinary trainings
- Important with common values
- Interest in improving statictics, medical records, follow up studies
- Leaders are important to give this priority

Needs so far

- Develop strategies to get professionals from social services and public health care to come to the seminars
- Need of knowledge of measuring and follow up studies
- Training in methods – interdisciplinary trainings
- Legitimacy from the leaders to support the children
- Develop common values
- Develop statistics of family interventions

Thank you!

Project leaders

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